Who Is Docs for Tots?

Docs for Tots empowers all the people and systems that play a role in caring for New York’s youngest: 0-to-5 year olds. We provide the adults along a child’s development journey with the pathways, tools, and support to ensure each child can achieve their fullest potential.

We are New York’s only pediatrician-led organization taking a whole-child approach—building caregiver skills, strengthening childcare systems, and enacting solid policies so every child has a strong 5-year start and the chance to thrive for a lifetime.

What We Do

Docs for Tots bridges the gaps between policy, practice, and parenting to ensure that kids under five years old thrive now and throughout their lives.

**TRANSFORM PRACTICES**
Improving 0-to-5 service design and delivery

Pediatric Practice Transformation trains and supports healthcare providers, giving them the tools and resources to make best practice everyday practice for every 0-to-5 year old they serve.

**OPTIMIZE CHILDCARE**
Enabling whole-child caregiving services

Excellent Early Care offers all types of caregivers the coaching, know-how, and tools to nurture under-fives’ mental and emotional health, alongside their physical development.

Connect with Docs for Tots.
www.docsfortots.org/partner
EMPOWER FAMILIES
Expanding access and connecting families to resources
Docs for Tots believes that children are more likely to thrive when their families are informed and supported. Help Me Grow Long Island gives families with kids under-five vital information, connects them with free resources, strengthens child-rearing communities, and gives real-world support so guardians can make choices that will provide a strong first five.

STRENGTHEN SYSTEMS
Improving systems that serve 0-to-5 year olds
Docs for Tots offers real-world data and pediatric expertise to help decision makers inform, strengthen, and implement policies that improve the systems and organizations that impact all phases of early-child development – prenatal care through preschool.

How We Work

Our Multi-Pronged Approach
Docs for Tots recognizes the challenges that practitioners and caregivers face, as well as the systemic disparities that impact families.

We aim to:

- **Empower every player in a child’s life** — from dads to doctors, caregivers to congress members — to give every New York baby a strong first five; and the greatest chance to thrive.
- **Expand access** to resources and tools to guarantee every New York family knows about and can access high-quality care during their children’s first five years.
- **Collaborate** across sectors to make best practice everyday practice for all providers serving New York’s 0-to-5 year olds.
- **Advocate for and inform strong policies** that protect and prioritize all New York’s tots under five, giving every child a chance to reach their full potential.

Docs for Tots’ approach is innovative and complex. It’s also effective.
Our Prescription

**The prescription for a stronger future? Investment in New York’s tots today.**

For every child to thrive, we must give them, and the adults in their lives, tools, resources, and access to high-quality, whole-child care from the beginning. That’s our belief.

If it’s yours too, sign and display this pledge, or sign online!

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Patient Name: Children ages 0 to 5 years & their families

**Prescription:** Strong first five & greater chance to thrive

**Formula:** Multipronged approach –

✓ Empowering families and communities
✓ Educating caregivers and providers of all kinds
✓ Expanding access to free resources
✓ Collaborating across sectors, agencies, and organizations
✓ Strengthening policies to protect and prioritize our youngest

**Fill:** Immediately -- New York's children can’t wait!
**Refills:** INFINITE

Signature

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What People Say

“Docs for Tots has long been a voice for the ‘whole-child perspective.’ Docs for Tots is truly comprehensive—whole-child, cross-system, multisector viewpoint—asking 'how do we do better for kids and families?'”

—EARLY CHILDHOOD COMMUNITY PARTNER

“Docs for Tots provides concrete supports that align with what we as healthcare providers need. The help is hands on, not telling you what you should do, but helping you figure out how to succeed in making practice better.”

—HEALTHCARE ADMINISTRATOR

“Docs for Tots’ collaborative training on under-five developmental screenings shared relevant information; the trainers were well-informed and helpful. Their support was invaluable and several channels for future communication are available.”

—CHILD CARE PROVIDER (trained to screen)

“Pediatricians don’t have the time or capacity to influence the discussion around early childhood health and development. Docs for Tots represents the pediatric voice at the table.”

—EARLY CHILDHOOD POLICYMAKER
Did you know that 90% of brain development happens by a tot’s fifth birthday? The first five years of a child’s life can lay the foundation for lifelong health and success!

For too many families in New York—whether because of location, poverty, or systemic inequity—access to vital services for their under-five child is out of reach.

Docs for Tots works with parents, practitioners, providers, and policymakers to make sure every New York child 0-to-5 years old, can access the high-quality services they need to reach their potential.

A strong first five can create a strong forever. We can make sure New York’s youngest have the high-quality care they deserve. Together.

How We Can Work Together

Docs for Tots believes every child under five deserves the chance to reach their full potential. Working together—from community to congress members—we can ensure New York’s 0-to-5s thrive for their whole lives.

**Connect with Docs for Tots!**

**Provider, practitioner, or other professional serving 0-to-5 year olds?**

Partner with us.

quality@docsfortots.org

**Parent, guardian, or caregiver of a child under five years old?**

We’re your link to free resources—for you and your tot!

Email info@hmgli.org or call 516.548.8924

**Policymaker, legislator, or advocate for New York’s youngest?**

Together, we can inform data-backed policies that prioritize 0-to-5 year olds.

www.docsfortots.org/policy

**Supporter of a stronger future for New York’s youngest?**

Make a tax-deductible donation to Docs for Tots that will make a life-long difference.

www.docsfortots.org/strongfuture
Do you believe EVERY BABY IN NEW YORK deserves a strong start and a chance to thrive?

A strong first five, can create a strong forever. We can ensure New York’s youngest the high-quality care they deserve. **Together.**