



Developmental Screening through Help Me Grow – Long Island

What is Help Me Grow – Long Island? Help Me Grow – Long Island is a partnership connecting families and providers to community resources and child development information in Nassau and Suffolk counties, with the mission of promoting optimal development of Long Island's young children.

What is developmental screening? A developmental screening is a formal research-based instrument that asks questions about a child's development, including language, motor, cognitive, social and emotional development. A screening does not provide a diagnosis, rather, it indicates if a child is on track developmentally and if close monitoring, further evaluation, or intervention is warranted.

Why is screening important? One in seven children have a developmental delay. The earlier delays are caught and addressed, the more likely a child is to get back on track with their development in time for school. While observation alone catches about 30% of delays, standardized screening tools capture 70-80% of delays.

Why should I screen? As provider, you are dedicated to engaging and supporting the development and wellbeing of children, and you are a key partner with the families of the children you serve. Because you spend many waking hours with children, you may be the first to observe potential delays. If developmental concerns are caught early, you can help ensure that children receive the extra support they need while in your care and are linked to the appropriate services. Offering screening can also support conversations with parents around concerns.

Why should I screen through Help Me Grow – Long Island?

Help Me Grow – Long Island provides screens, training, and access to an online data management system. This allows you to:

- Access screens, learning activities, activity sheets, and letter templates for communicating with families
- Automatically score and interpret screening results
- Create your own web link to send to families to complete the screen online
- Keep records on how the children in your program are doing, and track tasks such as referring for an evaluation, providing new screens, or discussing concerns with families
- See trends in how children at your site are developing, which can be used to inform your curriculum or for reports

How do I screen through Help Me Grow – Long Island?

1. Email info@hmgli.org and indicate your interest in screening at your site.
2. You will set up a time to discuss screening at your site and complete a Partner Collaboration Plan to determine how best to do so.
3. We will schedule a time to train relevant staff.
4. You're trained and ready to go!

To Contact Help Me Grow – Long Island Directly:

Call: 516-548-8924

Visit: www.helpmegrowny.org

Email: info@hmgli.org