



Help Me Grow – Long Island: Information for Child Health Providers

What is Help Me Grow – Long Island?

Help Me Grow – Long Island is a **FREE** resource connecting families and providers to community resources and child development information in Nassau and Suffolk counties, with the mission of promoting optimal development of Long Island's young children. More specifically, we offer the following services in English, Spanish, and Haitian Creole:

- **Standardized screens and activities:** Developmental and social emotional questionnaires (ASQ-3 and ASQ-SE) for children ages 0-65 months (currently available in English and Spanish)
- **Referrals** to community resources that support child development, such as:
 - **Developmental support:** Home visiting, developmental groups, early care and education
 - **Basic needs:** Baby items, support programs
 - **Parenting support:** Workshops, classes, groups
 - **Service navigation:** Assisting families who are going through the evaluation process with their county or school district
- **Virtual care coordination** via phone, text or email to ensure that families successfully connect to resources that meet their needs
- **Follow-up** with referring providers to keep you informed and “close the loop”
- **Partnerships** with child health and service providers to ensure developmental support for young children

The Help Me Grow – Long Island Partnership

Help Me Grow – Long Island isn't an agency, but a partnership based on a national model for organizing existing agencies with the goal of more efficiently and effectively reaching and helping children at-risk for developmental delays. The HMG model calls for promotion of early developmental screening via a centralized access point, as well as outreach through community organizations and health providers. HMG-LI is managed by Docs for Tots, housed at the Child Care Council of Nassau, and is accessible through United Way of Long Island's 211 system.

About HMG-LI Referrals

HMG seeks to provide developmental health promotion and screening, and any resulting referral and follow-up to meet the needs of families with young children. This may include Individuals with Disabilities Education Act (IDEA) services, such as Early Intervention and Committee on Preschool Special Education. Families and professionals with concerns about an infant from birth to five years who has, or is suspected of having, a delay or a disability will be referred to the appropriate county or school district service for evaluation, as well as be connected to the Long Island Early Childhood Direction Center for further guidance.

To Contact Help Me Grow – Long Island Directly:

Call: 516-548-8924

Visit: www.helpmegrownny.org

Email: info@hmgli.org



“What’s in it for me?”

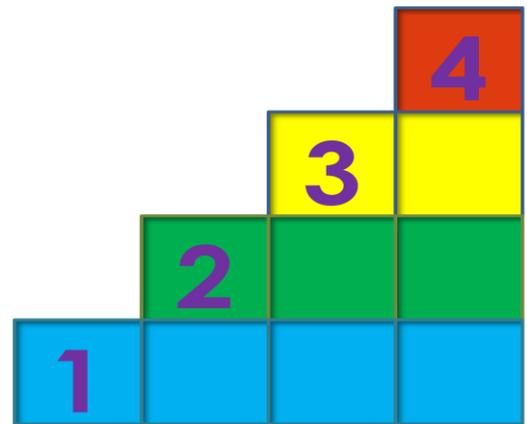
Help Me Grow – Long Island can offer numerous benefits to your practice:

- **Free, standardized screening:** HMG-LI can work with your practice to provide standardized developmental and social emotional screening to your young patients. This can include integration of screening at your site, or referral pathways to have children screened by a HMG-LI Family Resource Specialist
- **Compliance and Credit:** In addition to helping comply with developmental screening guidelines from the American Academy of Pediatrics, Bright Futures, and the Patient-Centered Medical Home, board-accredited physicians may be eligible for Maintenance of Certification credits for improving screening practices
- **Care Coordination:** HMG-LI provides free, specialized care coordination for families of young children that you serve. HMG-LI also follows up with your office to keep you informed!

Partnering with Help Me Grow – Long Island: A Win-Win-Win!

We want to work with you to improve developmental health outcomes for Long Island families. Collaborating with Help Me Grow – Long Island can be beneficial for the partnership, your practice, and the families you serve. There are four different “levels” of partnership, each building upon the other.

1. **Education:** HMG-LI provides developmental health promotion materials to be shared with families in the waiting room/exam room
2. **Training:** HMG-LI provides an in-service to staff about HMG-LI
3. **Referral:** HMG-LI works with your practice to establish a referral pathway
4. **Screening:** HMG-LI provides technical assistance to integrate screening into your practice (*MOC credit available for physicians accredited through both ABP and ABFM*)



Ways to Utilize HMG-LI for Your and The Families You Serve:

- Fax the HMG-LI Universal Provider Referral Form to 516-217-1351
- Encourage parents call (516) 548-8924 OR dial 2-1-1, select their language, then press 7 to be connected to Help Me Grow! You can also call us if you have questions about a family you're working with
- Have families visit our website for a free developmental screen: www.helpmegrownny.org
- For screening/training opportunities, email info@hmgli.org

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