

How to Talk About Help Me Grow with Families



How To Approach Families:

Start by asking:

- Do you have children in your household under the age of 6?
- Do you have any questions about how your child is growing up?
- Have you ever wondered if your child is on track for school?
- Would you like to learn more about the resources in the community that could help your family?

Things you can say:

- Babies don't come with instructions
- All parents have questions about activities to do with their child
- All parents can benefit from extra support
- It is hard and time-consuming to find and access the best service to help you and your family

"You may be interested to know"

"Help Me Grow is a FREE service connecting families to community resources and child development information." (see description for further points)

Quote from one of our Moms after receiving help from our Resource Specialist:

"Thank you so much, you are like an angel in my life!"

How To Describe Help Me Grow:

Help Me Grow - Long Island provides:

- a **FREE** service connecting families to community resources and child development information
- **Information** on general child development and parenting topics
- **Referrals** to community resources (such as diapers, car seats, food pantries, etc.)
- **Developmental Questionnaires**
- **Developmental activities** for parents to use at home with children from birth to age 5

What might indicate a family could benefit from Help Me Grow?

- Have a child in the house between birth and 5
- Are concerned about their child's well-being
- Their child has challenging behaviors
- Have a question or concern about how their child is developing
- Worries about their child being ready for school
- Concerned about child's home environment

NOTE:

Stay away from words like *test, assessment, evaluation, diagnose, delay, disability* when referring to the ASQ

Instead can say things like "Would you like to know more about your child reaching their developmental milestones?"

Or "Parenting doesn't come with a manual. Would you like to see if your child is on track?"

Contact Help Me Grow – Long Island!:

- Call 516-548-8924 OR dial 2-1-1, select your language, and press 7
- Email us at info@hmgli.org